

What can *LifePlan™* do for me ?

- **A New Perspective** on those five domains of your life—*Personal Life, Family & Friends, Career, Kingdom Work and Community.*
- **Hope:** If hope is missing or dampened, the Author of all creation promises to restore, and guide us, because it is for His Name's sake that we are here. (*Prayerfully read and consider Psalm 23 verse 3*)
- **Purpose:** God created you - and gave you a purpose. LifePlan™ will point your way to it.
- **Answers:** What gifts has God given you, and directed their influence in your life.
- **Clarity:** Seeing clearly both the obstacles and opportunities before you.
- **Focus and accountability.**
- **A Life Strategy** for where you are today and in the future.
- **Peace,** one that surpasses understanding.

Take our *LifePlan™* quick assessment. Answer yes or no to the 20 questions below.

1. I believe I am living the life I was meant to live
2. I believe that life is a sacred trust
3. I have come to a personal relationship with the Lord.
4. I have discerned, know, and am comfortable with my giftedness.
5. I am ready to do His will for me.
6. I believe the barriers will fall.
7. My life is currently "in balance".
8. My work is play.
9. I can find a LifePlan™ Partner after my LifePlan™ facilitation.
10. I am really living.
11. I can trust sufficiently to be enabled by a LifePlan™.
12. I am living a life of accountability to God, even if not perfectly.
13. I am at a crossroads in my life.
14. I can achieve breakthrough with His help.
15. I need a mentor confidant.
16. I am emotionally ready for a LifePlan™.
17. LifePlan™ enabling sounds exciting to me.
18. I am living the life for the season I am in.
19. I am happy with my personal Vision.
20. I am able and willing to invest my time and financially to my future.

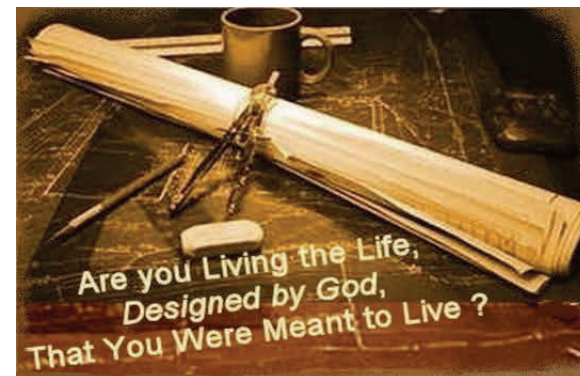
Add 1 point for YES answers to questions 2, 3, 5, 6, 11, 12, 13, 14, 16, 17, 20, and 1 point for NO to 1, 7, 8, 10, & 18 - If the total is 12 or higher then LifePlan™ may be for you at this time in your life.

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COACHING SERVICES**

*Are you Living the Life,
Designed by God, That You
Were Meant to Live?*

Tom Paterson's Two Day Intensive *LifePlan™*



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<http://lifeplanningcoach.net/lp1.htm>
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National Consulting/Coaching Services
6719 North 58th Place
Paradise Valley, Arizona 85253
Tel: 480-998-3919

What is your *LifePlan™* ?

- Your LifePlan™ begins with an understanding that God had a plan for your life before your conception. Prayerfully read and consider Jeremiah 29:11
- LifePlan™ is TWO full days - back to back - in an informal and relaxed atmosphere here in Paradise Valley, Arizona, for an intensive look at your life, guiding you toward finding the unique plan that God created you for.
- Your LifePlan™ is a process God inspires from the unrolling pages of your life story. It is life-tailored to you, to provide a personal blueprint to keep you focused and intentional — now and in the future.
- It is trusting that His plan is not something you construct -- it is discovered. And it becomes an on-going process, becoming the man or woman that God wants you to become.
- It mandates asking the Holy Spirit to guide the process of looking at your Sacred Trust - your gifts, God's activity throughout your life, and the life experiences you've encountered - and allowing the Holy Spirit to bring spiritual discovery and breakthrough thinking. Prayerfully read and consider John 5:14
- It is applying your unique giftedness toward your unique purpose. It is not about "doing", - it is about "being" and "becoming" - proactively reaching for the God designed --- you.
- It is believing and understanding that when you use your unique gifts — you fulfill your unique purpose.
- It is allowing your LifePlan™ facilitator to guide you through two very full days of life constructs and exercises to help you discover that purpose.
- It is anticipating that second afternoon when you'll create your personal action plan for five domains of your life: **Personal, Family & Friends, Church & Kingdom, Vocation, and Community.**
- It is opening your life to a same-sex LifePlan™ Partner of your choosing who will help you stay on task - it's being accountable.

The uniqueness and appropriateness of *LifePlan™*

- LifePlan™ is for any stage of life - from mid twenties to post retirement.
- LifePlan™ is unique to followers of Christ - for it is with the Holy Spirit's help that you create a personalized LifePlan™ for the stage of life you are in today, and learn how to keep God's plan for your life at the center of your future adjustments.
- LifePlan™ is for those sensing the Holy Spirit's prompting about the PURPOSE, MIS- SION, or BALANCE in their life.
- LifePlan™ is for those asking if there isn't MORE to life than they are experiencing.
- LifePlan™ is for those with a gnawing DIS- SATISFACTION with their career, ministry, goals, or the use of their time and talent,.
- LifePlan™ is for those who have what seems like lost joy, endless failures, and mis- matches,
- LifePlan™ is for those sense their vocation is not in line with their unique gifts and turning points.
- LifePlan™ is for those feeling that their voca- tion is draining, rather than filling them with energy.
- LifePlan™ is for those If you are frustrated because they know what they should be do- ing, but continue to **NOT** do it, and seem un- able to break the pattern,.

Continued in next column

- LifePlan™ challenges participants to look at their heart, asking God to help them fully surrender to Christ, and to allow the Holy Spirit to draw out their insight and wisdom for new perspectives and deci- sions. Tom Paterson reminds "*Your facilitator is the process—you are the content*".
- LifePlan™ is not counseling or therapy, and it is not for those who do not wish to change or work on change once opportunities are considered.
- LifePlan™ is for those ready to let others speak into their life, and let God truly guide it..
- LifePlan™ is for those participants ready to ask a friend to be their *LifePlan™ Partner*, or use a coach to provide continuing encouragement and accountabil- ity when they return home.
- LifePlan™ is the sometimes painful process of look- ing at your life through the constructs of, **Your Story, The Four Helpful Lists, Turning Points, Talent Search, Thinking Wavelength, and your Drive and Comfort Zones.**
- Wanting a LifePlan™ and being at a point in your life where you are ready for one are not always the same thing. There are several factors that we both need to consider.

The Holy Spirit may unlock the door to change with your personal LifePlan™. *Prayerfully read & consider Rom 7:14-25 & 1 Cor 9:23-27*